



Fall Schedule 2009-2010

CHILDREN'S CLASSES (ages 2-8)

(All Classes are Co-ed)

(Preliminary schedule classes subject to change)

Mommy and Me (age 2-3)

This class is designed to introduce the very young child to dance with Mommy (or Daddy) right by his or her side. Students experiment with movement using scarves, wands, and musical instruments.

Creative Movement (age 3-4)

This class is designed to introduce the very young child to dance. They will learn coordination, rhythm, creative expression, balance and flexibility. Students experiment with movement using scarves, wands, and musical instruments.

Creative Dance (ages 4-5)

The purpose of this class is to introduce dance to young children. They will work on pre-ballet skills, coordination, rhythm, creative expression, balance and flexibility. Students will use props (scarves, hoops, etc.) to enhance learning.

Creative Acro (ages 3-5)

This class introduces students to basic acrobatics. Students will use props (bean bags, scarves etc.)to enhance learning.

Creative Tap (ages 3-5)

This class is for the young tapper. Students will learn, basic tap steps, rhythm, and coordination. Students at this age enjoy using props (maracas, dance cards, hoops etc.) to enhance learning.

Youth Cheer and Tumble (ages 6-9)

Students will learn basic cheer leading routines and dances along with tumbling skills. This class is not only a lot of fun, it will improve a students coordination, flexibility, strength and self esteem.

Dance Combo (ages 5-7)

This class is designed for students in kindergarten through age 7. In this class students will learn basic ballet technique, jazz progressions, Basic tap steps and combinations. Students use props to enhance learning. Students will gain coordination, flexibility, creative expression, balance, and rhythm. This class gives students a good foundation to further their dance training.

AP Dance Combo (ages 6-8)

This class is designed for students who have successfully completed Dance Combo. In this class students will learn ballet technique, jazz progressions, tap steps and combinations. Students will gain coordination, flexibility, creative expression, balance, and rhythm.

Youth Hip Hop/Jazz (grade k-age 8)

This class is designed for beginner students in grade K to age 8. Students will learn basic Jazz technique along with age appropriate hip hop routines.

Youth Acro (ages 5-7)

This class teaches acrobatic routines along with tumbling skills. This class is not only a lot of fun, it will improve a students coordination, flexibility, strength and self esteem.

Pre-K Hip Hop/ Acro (ages 4-5)

This combo class is designed for both boys and girls in mind. Students will learn basic jazz technique and age appropriate hip hop routines along with acrobatic routines and tumbling skills. This class is not only a lot of fun, it will improve a students coordination, flexibility, strength and self esteem.

Pre-Ballet (ages 5-7)

This class is designed for students in kindergarten through age 7. In this class students will learn basic ballet technique, along with terminology. Students will gain coordination, flexibility, creative expression, balance, and rhythm. This class gives students a good foundation to further their dance training.

Mommy and Me (age 2-3)

Saturday 9:00-9:30

Thursday 5:00-5:30

Creative Movement (age 3-4)

Tuesday 10:00-10:40am

Monday 5:15-5:55

Thursday 4:00-4:40

Saturday 10:30-11:10am

Creative Acro (ages 3-5)

Wednesday 5:00-5:40

Creative Tap (ages 3-5)

Monday 4:30-5:15

Creative Dance (ages 4-5)

Tuesday 10:00-10:40am

Tuesday 4:15-4:55

Thursday 5:45-6:25

Saturday 11:15-11:55am

Pre-K Hip Hop/ Acro (ages 4-5)

Wednesday 2:45-3:25

Thursday 4:15-4:55

Pre-Ballet (age 5-7)

Thursday 4:45-5:40

Youth Acro (age 5-7)

Monday 4:30-5:25

Dance Combo (ages 5-7)

Monday 6:00-6:55

Tuesday 5:00-5:55

Wednesday 3:00-3:55

Saturday 9:30-10:25am

Youth Hip Hop/Jazz (grade k-age 8)

Saturday 12:00-12:55

Wednesday 4:00-4:55

Youth Cheer and Tumble (ages 6-9)

Wednesday 5:45-6:40

AP Dance Combo (ages 6-8)

Friday 4:00-5:30

Ruby & Garnet Companies (ages 6 by Sept 1)

(By Placement only)

Friday 5:30-7:30 or Wednesday 3:00-5:00

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